

# VSA Expectations for All

## Player expectations:

1. Players are expected to attend practices. If they are not able to attend practice, the coach should be notified in advance. Attendance at practice will affect playing time. Because many players will only touch the ball or swing the bat a small number of times in a game, it is essential that they are at practice where they will get 5 to 10 times the number of repetitions.
2. Players are expected to have a good attitude. Coaches will address poor effort with players. If it is not corrected, coaches may reduce the amount of playing time they get. Parents will be notified of any persistent attitude problems.
3. Players should give their best effort in practices and games. Coaches will address poor effort with players. If it is not corrected, coaches may reduce the amount of playing time they get. Parents will be notified of any persistent effort problems.

## Parent expectations:

1. Parents will be positive role models for kids. We expect our parents to only provide encouragement to players, coaches, and officials during games. If there is a persistent problem with a parent, the VSA Board can decide to ban a parent from attending games.
2. If a parent has an issue they would like to address with the coach, it should be done via a phone call or an in person meeting, not a text message or email. Also, if the issue is about something that happened at a game, the issue should be addressed only after a 24 hour cooling off period. Oftentimes, parents and coaches need some time to process what happened and how to best address the issue in a calm and rational manner.
3. If a matter cannot be resolved between the parent and the coach, a meeting should be setup with the VSA President. If that does not resolve the issue, the parent is welcome to attend a VSA Board meeting.

## Coach expectations:

1. Coaches will be positive role models. They will maintain their composure while addressing players, refs, and parents.
2. Coaches will follow VSA Board guidelines. The VSA President will have a meeting with any coach not following guidelines. If persistent problems occur, the VSA Board may suspend or dismiss a coach.

**Playing Time:**

1. The VSA Board has outlined the following guidelines for our coaches in respect to playing time. However, these guidelines will be adjusted based on the players attitude, effort, and attendance at practice as noted above. Also, these guidelines will not be valid if a game is shortened by weather or by a game ending early due to a merch rule.

8U- Players will play a relatively equal amount of time. Players will have an opportunity to learn and play most positions during the season. They may not learn all positions however due to time available and or readiness. Players will play at least two innings in the infield in a full length game.

10U- Players will play a relatively equal amount of time. However, there may be times when a certain player in a key position, such as a pitcher, plays more than other players. Players will have an opportunity to learn at least two infield positions and an outfield position. Players will play at least two innings in the infield in a full length game.

12U- Players will play a relatively equal amount of time. However, there may be times when a certain player in a key position, such as a pitcher, plays more than other players. Players will learn at least one infield and outfield position. Players will play at least one inning in the infield in a full length game.

14U- All players will play at least two innings in a game. Players will learn at least one infield and outfield position. Players will play at least one inning in the infield in a full length game.

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Parent Signature

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Player Signature

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Date

- A copy of these rules can be found at [www.vikingssoftball.com](http://www.vikingssoftball.com)